

This is Fifty/Fifty

6 online sessions to inspire and share knowledge about gender equality in sports.

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Register your club

Click here to register your club and get started with Fifty/Fifty.

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A crucial issue

The Fifty/Fifty online course is aimed at the boards of clubs and federations and is available free of charge to all sports clubs and sports federations whose national floorball federation is an affiliate of the International Floorball Federation (IFF). The aim of the course is for you and your club to increase your knowledge about why it is important to work with gender equality and the benefits that it offers both the club and its members. Fifty/Fifty is intended to sow the seeds for new ideas and enable you and your club to making practical, relatively small changes that, in the long run, result in significant improvement.

Take the entire **Fifty/Fifty** course remotely!

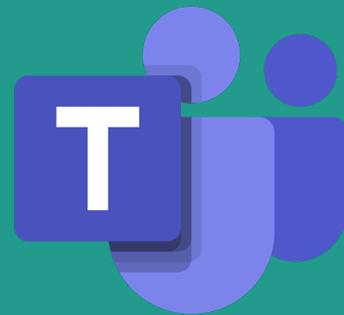
Interest in the **Fifty/Fifty** online course continues to grow throughout Sweden. Over **160** clubs and federations have already registered. Several clubs are currently taking the sessions remotely in video meetings instead of together in the boardroom.

This is a solution that works well using, say, Microsoft Teams or a similar service.

When taking Fifty/Fifty in a video meeting, it is important to keep in mind that the person sharing their screen must also remember to share their computer's sound with the other participants.

In Microsoft Teams, this is done by checking the "Include computer sound" box when sharing your screen. Since the sessions include many videos, it is important to remember to activate this function.

**With the help of this step-by-step guide,
you and your board can easily get started
using Microsoft Teams.**



Invite all board members to a Teams meeting

The screenshot shows the Microsoft Teams 'New meeting' scheduling interface. The title bar includes a search bar and a user profile icon. The main header displays 'New meeting Details' and 'Scheduling Assistant' with 'Save' and 'Close' buttons. Below the header, there are several configuration options: 'Category: None', 'Time zone: (UTC+01:00) Amsterdam, Berlin, Bern, Rome, Stockholm, Vienna', 'Response options', and 'Require registration: None'. The meeting name is 'Fifty/Fifty'. There is a section for 'Add required attendees' with a '+ Optional' link. The meeting is scheduled for '2021-11-19' at '13:00' to '13:45' for a duration of '45m', with an 'All day' option. The recurrence is set to 'Does not repeat'. There are fields for 'Add channel' and 'Add location'. A rich text editor is visible with the text: 'We are finally getting started. Session 1 of 6 in the Fifty/Fifty online course to increase our knowledge about gender equality.' The left sidebar contains navigation icons for Activity, Chat, Teams, Calendar, Calls, Files, and Help.

The person hosting the Teams meeting should be the board member registered as the main user of the **Fifty/Fifty** course and hence the person who signs in to www.fifty-fifty.nu using their e-mail address.

FIFTY/FIFTY

case studies faq this is fifty/fifty inspiration contact **sign in**

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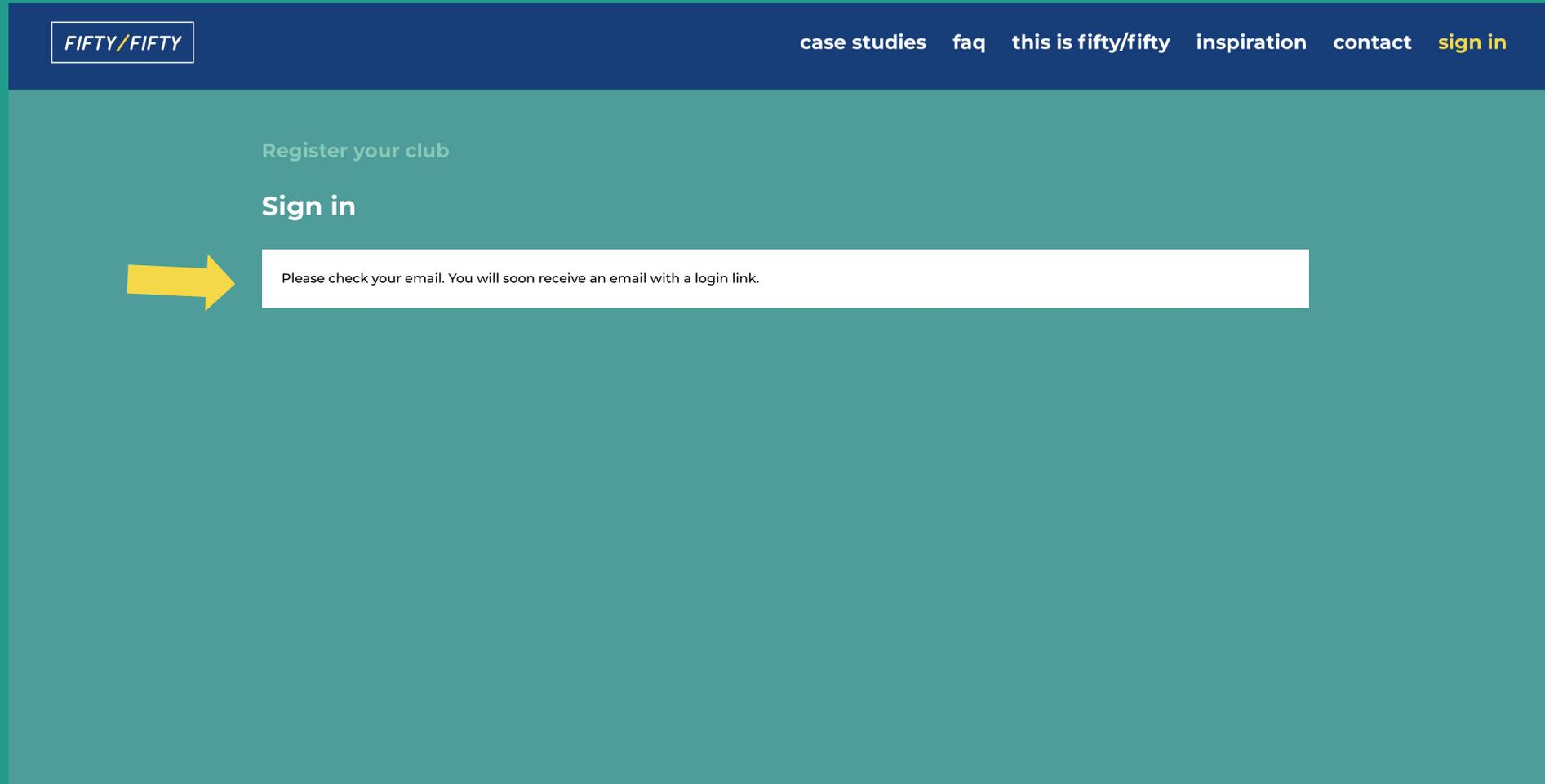
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It can be a good idea for the main user to sign in to the course before the Teams meeting and to have their browser open on the **Fifty/Fifty** page.



The screenshot shows the top navigation bar of the Fifty/Fifty website. The logo "FIFTY/FIFTY" is on the left, and navigation links for "case studies", "faq", "this is fifty/fifty", "inspiration", "contact", and "sign in" are on the right. The "sign in" link is highlighted in yellow. Below the navigation bar, the page content includes a link for "Register your club", a "Sign in" heading, and a white notification box with a yellow arrow pointing to it. The notification box contains the text: "Please check your email. You will soon receive an email with a login link."

FIFTY/FIFTY

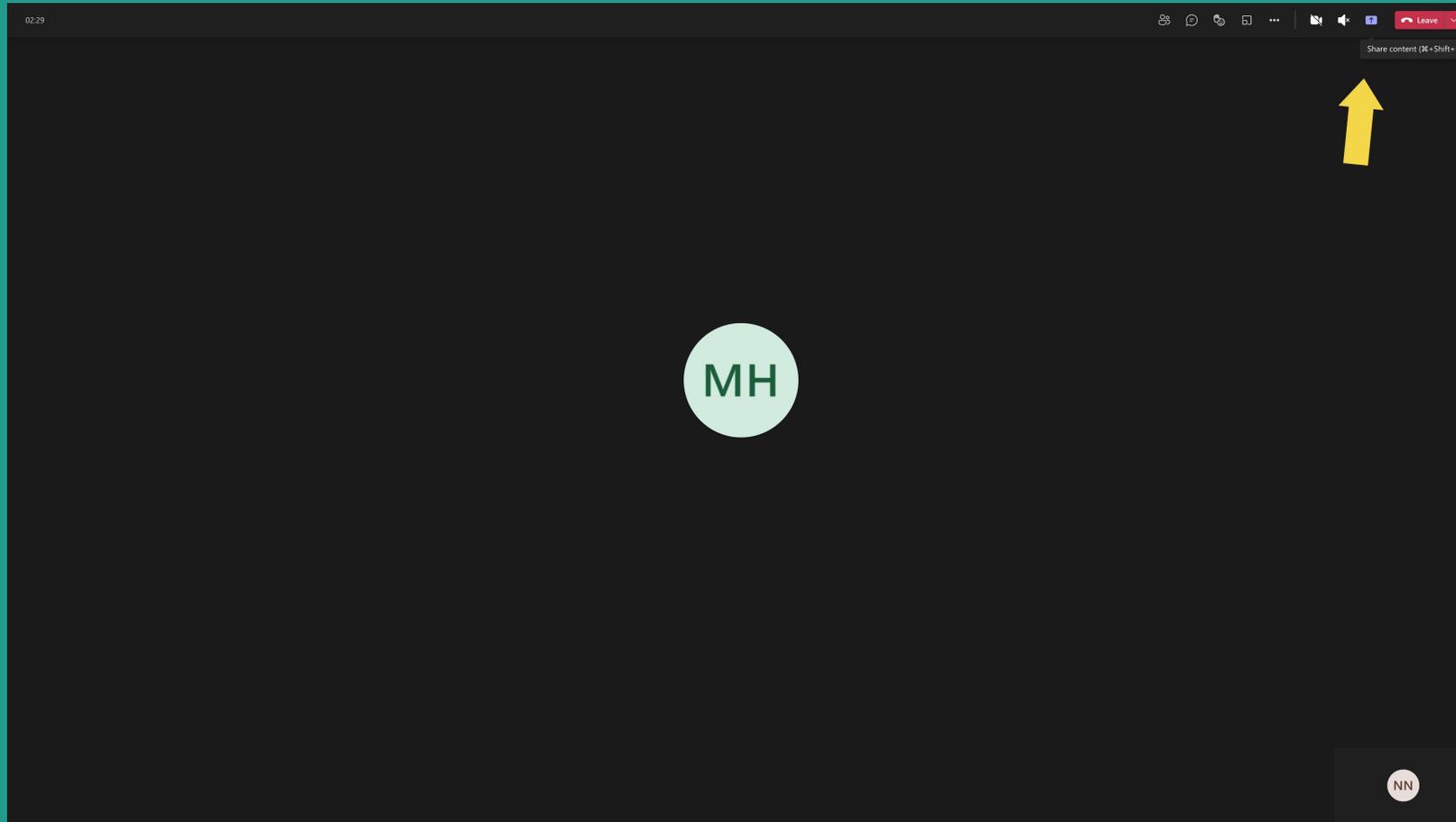
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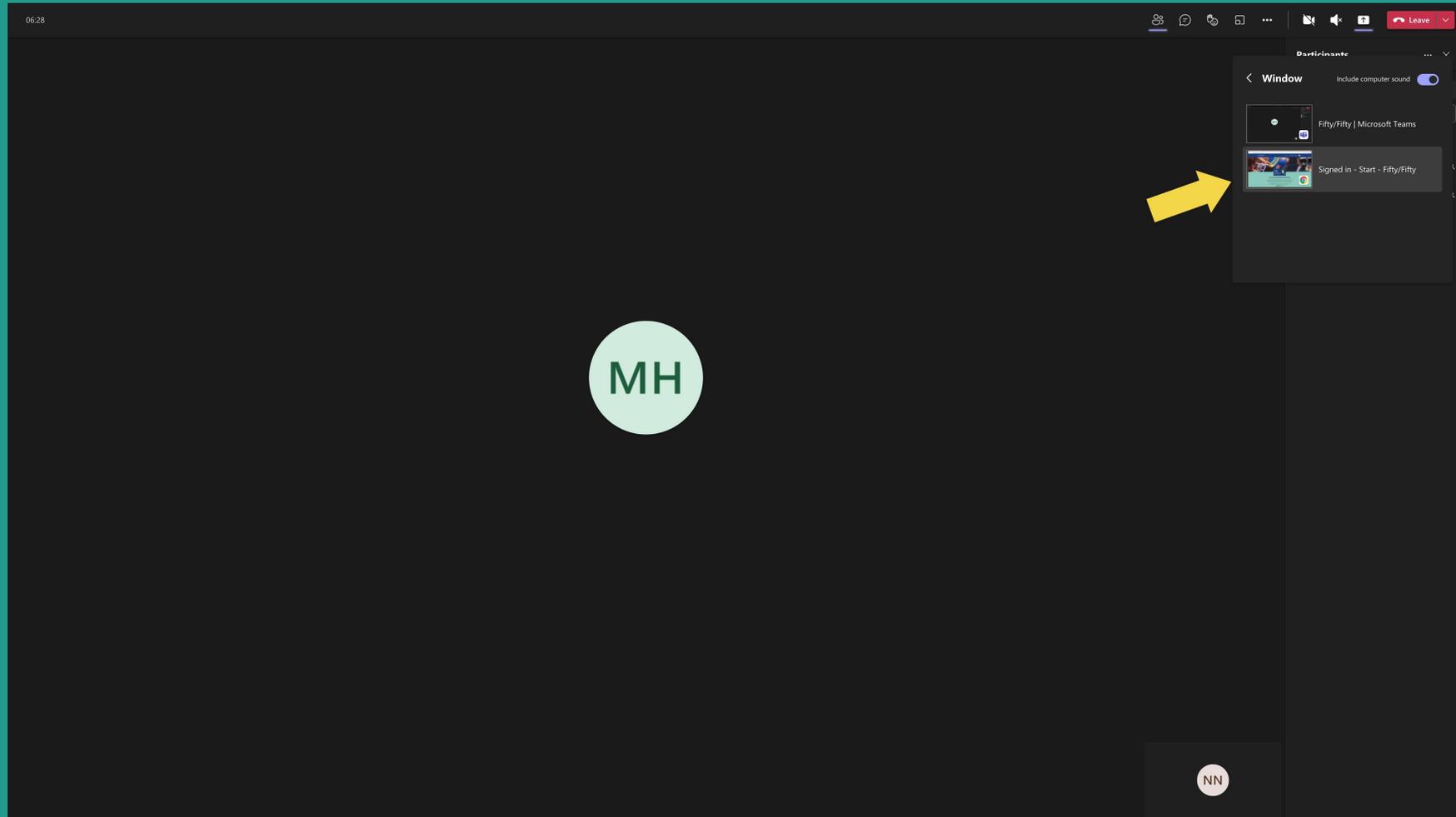
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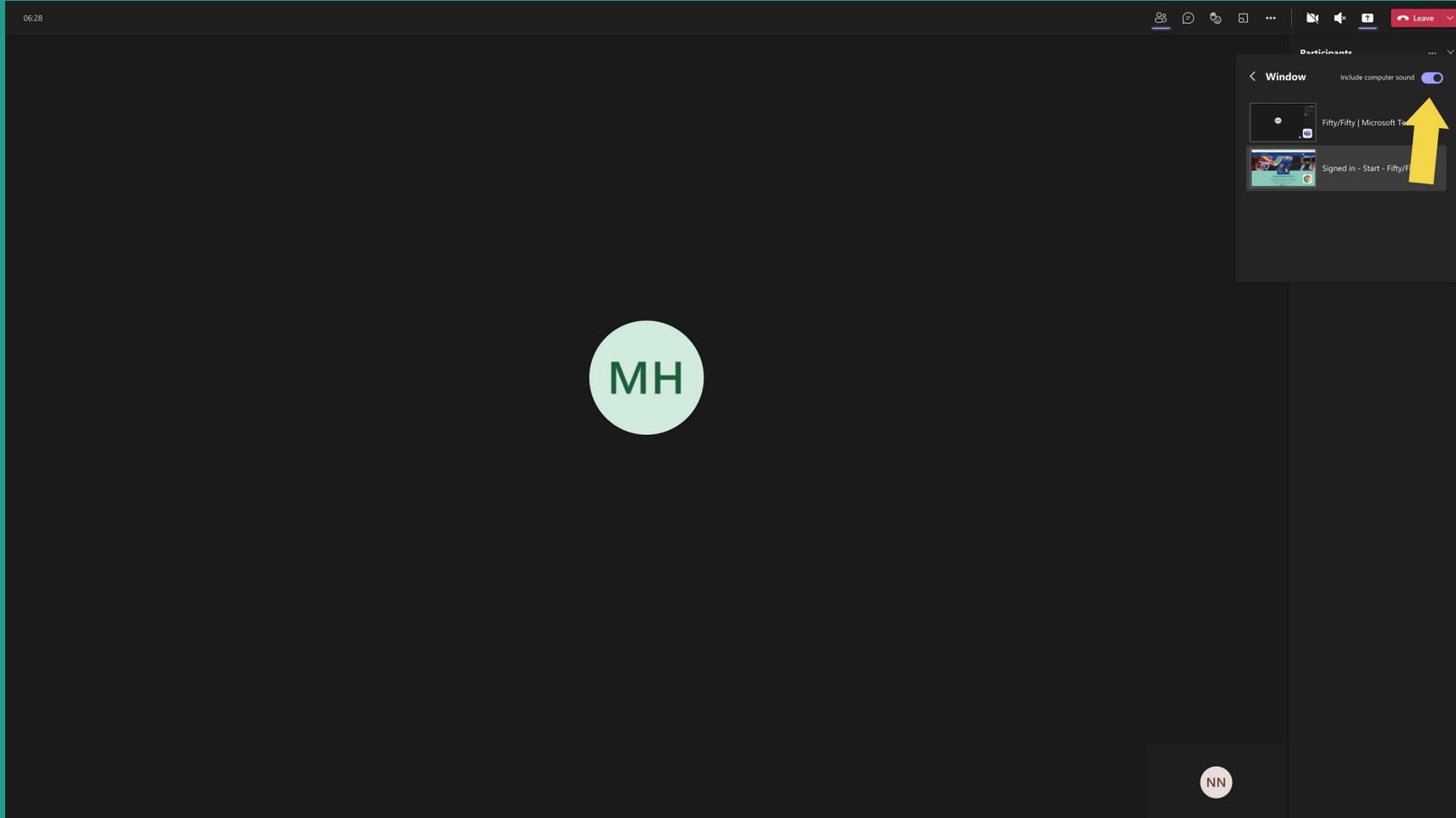
Once the Teams meeting has started and all participants have joined, as meeting host select the screen sharing function.



Select the browser where you are signed in to the course.



In this step, the "Include computer sound" function must also be checked so that all participants can hear the audio of the videos included in the course.



Ask all participants to turn off their microphones when not talking to avoid any distracting noises.

FIFTY/FIFTY all sessions my pages sign out Anna

Well done!
You have completed
1 of 6 sessions

You start the sessions from here

The course is comprised of 6 separate sessions, each of which takes 45 minutes.

To take the Fifty/Fifty course, you need to be able to mirror your computer screen to a large screen/TV, so that the entire board can see it at the same time. You also need internet access and audio output as the sessions include many videos.

You need to finish each session before you can move on to the next one.

Session 1 Why should you work with gender equality?
Session 2 Norms
Session 3 Communication
Session 4 Recruitment

01:34 Unmute Request Control

NN

Once your screen has been shared, simply start the course.
Good luck!

The screenshot shows a video player interface. At the top, there is a dark blue header with the logo "FIFTY/FIFTY" on the left and navigation links "all sessions", "my pages", and "sign out" on the right. Below the header, the video content is displayed. The video title is "Session 1: Why should you work with gender equality?". The speaker is identified as "Lasse Granqvist, Sports journalist". The video player includes a progress bar at the bottom showing a time of 01:03. A control bar at the bottom right contains icons for volume, full screen, and a "Request control" button. A small "NN" logo is visible in the bottom right corner of the player area.

FIFTY/FIFTY all sessions my pages sign out

Knowledge section

Session 1
Why should you work with gender equality?

1. Start by watching the video with...
2. Hi and welcome to Fifty/Fifty ~...
3. A few key terms used in...
4. What can we say about gender...
5. Gender equality – why?

Lasse Granqvist
Sports journalist

01:03 [volume] [full screen] [request control] [close]

NN